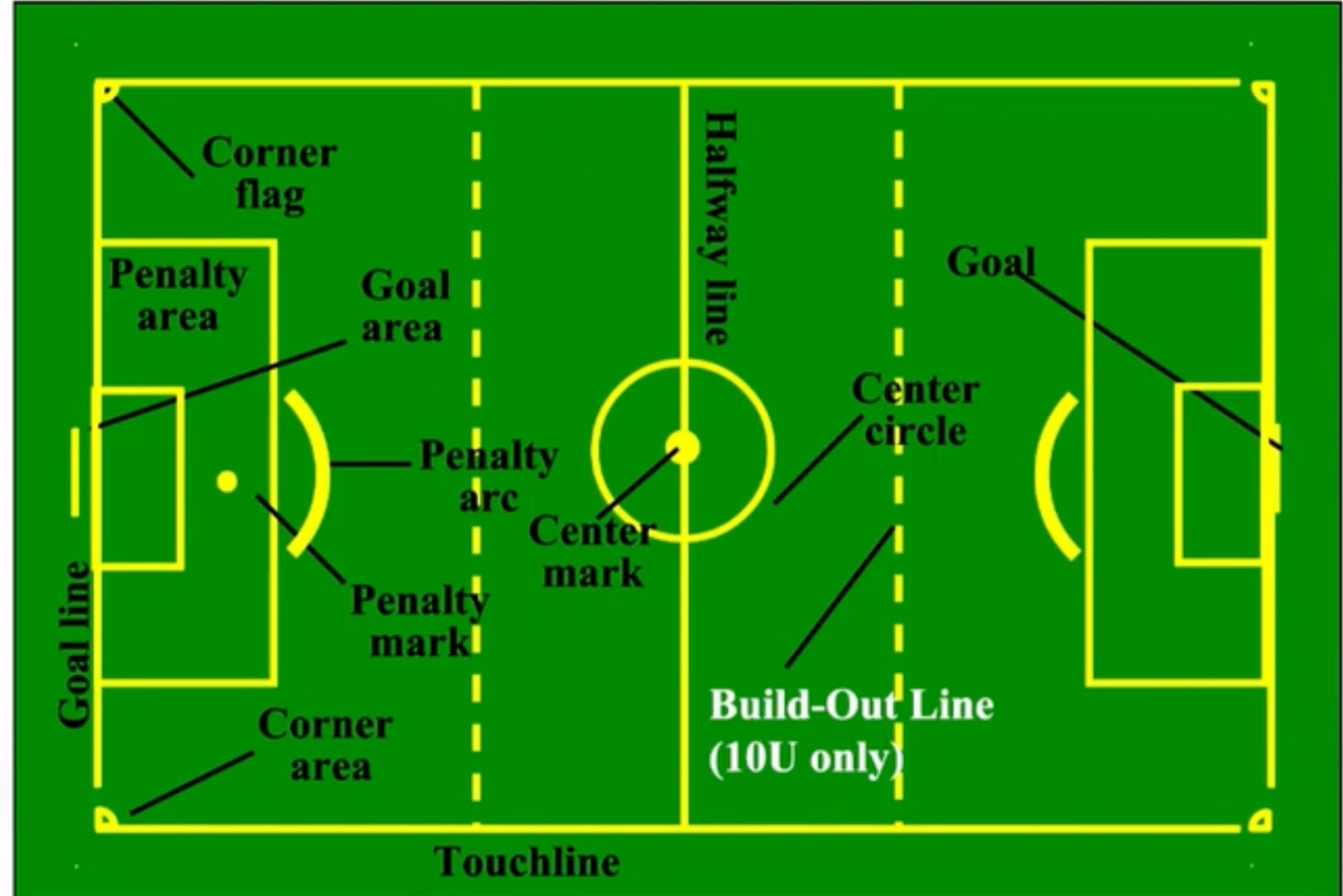


Soccer 101

Chugiak Soccer Club

Field of play



Before the Game

Referee tosses a coin and the winner chooses either

- Direction of Attack
- Possession



In the second half the teams switch direction

Kick Off

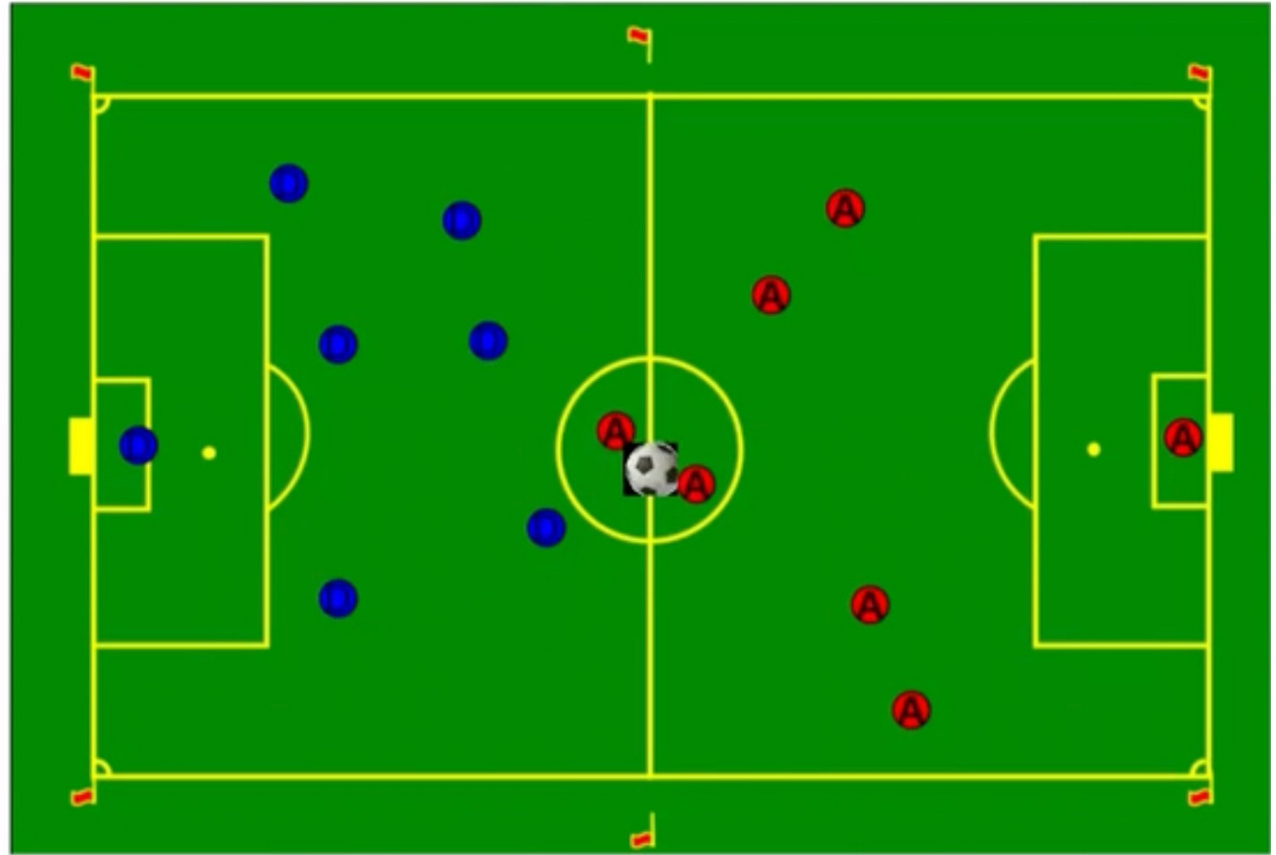
- Start the game
- Start the second half
- After a goal is scored



Kick-Off

Player locations

- All players on own side, except kicker
- Defenders outside center circle



Ball out of play,
Scoring & Restarts

You might not know...

Ball position **ONLY**
determines
in/out of play



The player's position is irrelevant

YOU MAKE THE CALL: IN or OUT?

IN



OUT



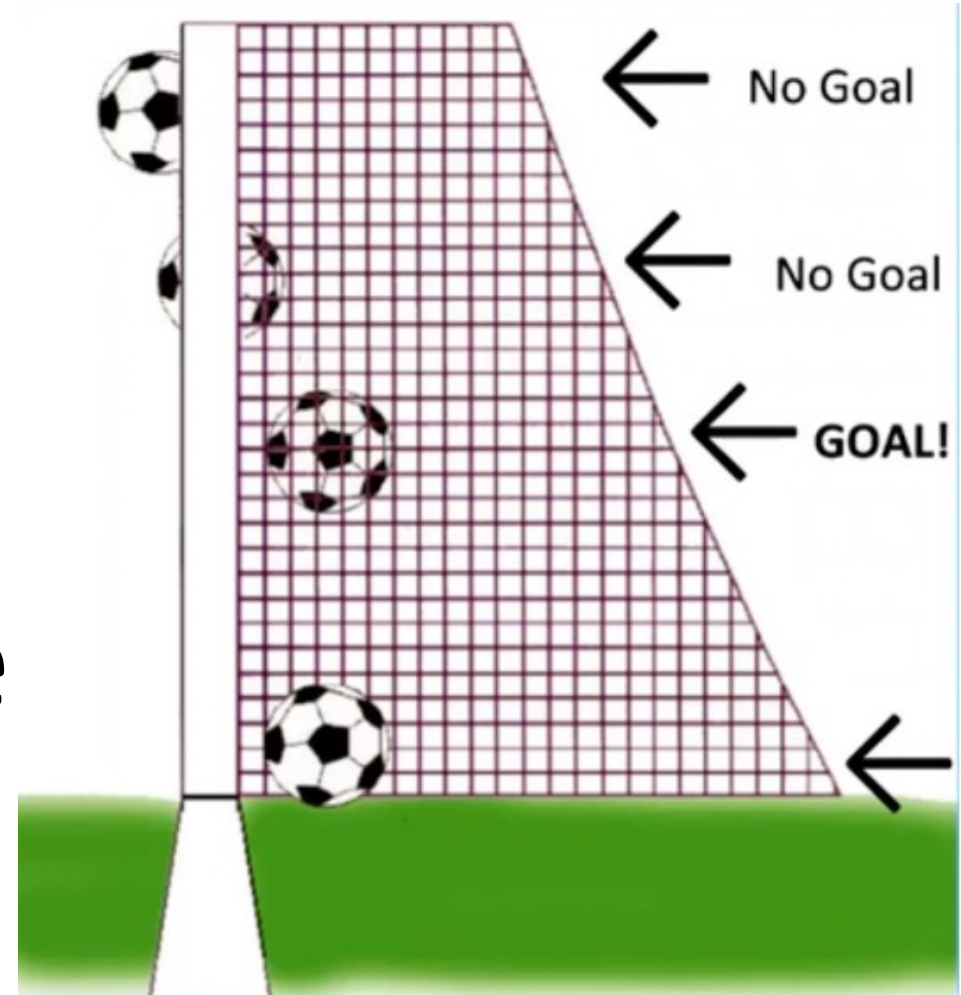
YOU MAKE THE CALL: IN or OUT?



Either in the air or on the ground

How to Score a Goal

When the whole ball crosses over the whole goal line, between the goalposts and beneath the crossbar.

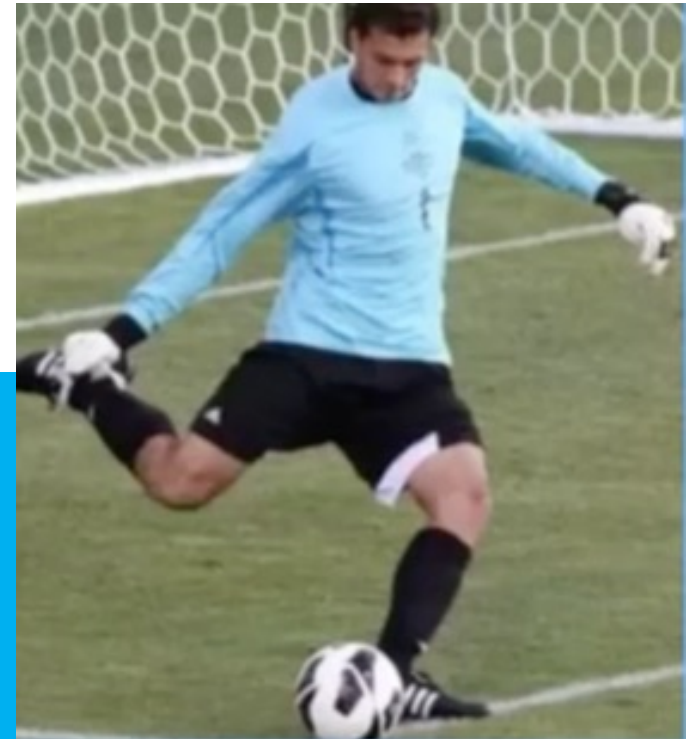


Goal Kick of Corner Kick?

If the ball goes over the goal line and **a goal isn't scored...**



Kicked over by attacking team?
-Goal Kick for the defending team



Kicked over by the defending team?
-Corner Kick for the attacking team

Ball placed in the corner area

Ball over the touchline restart

Throw-in

- Used when ball passes out of play over touchline
- Taken by opponents of team that last **touched** ball.
- Taken from approximately where ball left field.

Throw – In

At the moment of delivery the ball, the thrower must:



- Face the field of play
- Have **Part of each foot** touching the ground either on or behind the line
- Use **both hands** to deliver the ball from **behind and over the head**

A foul is an unsafe or unfair act:

- Committed while the ball is in play
- Generally while on the field of play
- Generally against opponents



Offenses – formerly fouls

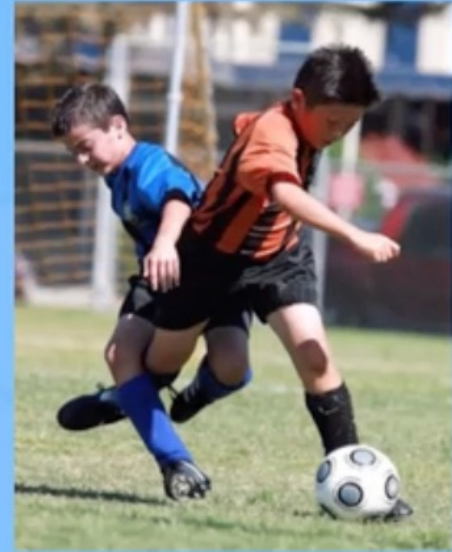
Named for the way play is restarted.

Free kick fouls: two types

- Direct free kick (DFK) fouls – usually involves contact
- Indirect free kick (IDFK) fouls

Offenses (a sampling...) - Please see Law 12 - IFAB

- **Direct Free Kick (DFK)**
- Kicks or attempts to kick an opponent
- Trips or attempts to trip an opponent
- Strikes or attempts to strike an opponent
- Charges an opponent
- Pushes an opponent
- Holds an opponent
- Handling Offense



Indirect Free Kick (IFK)

- Impeding without contact
- **Dangerous play – most common in 10U**
- Keeper picks up ball from a throw-in
- Dissent



Direct free kick (DFK)

Goal may be scored directly from kick against opposing team.

Indirect free kick (IFK)

Ball must touch any other player before a goal may be scored.

(referee indicating an IFK) -->

Dropped Ball

Situations that require a restart other than previously mentioned. Goal may not be directly scored.



Misconduct

Behavior that is in serious conflict with the spirit of the game and good sportsmanship.

Very rare in the 10U game.

Two types:

Those resulting in a **Caution**



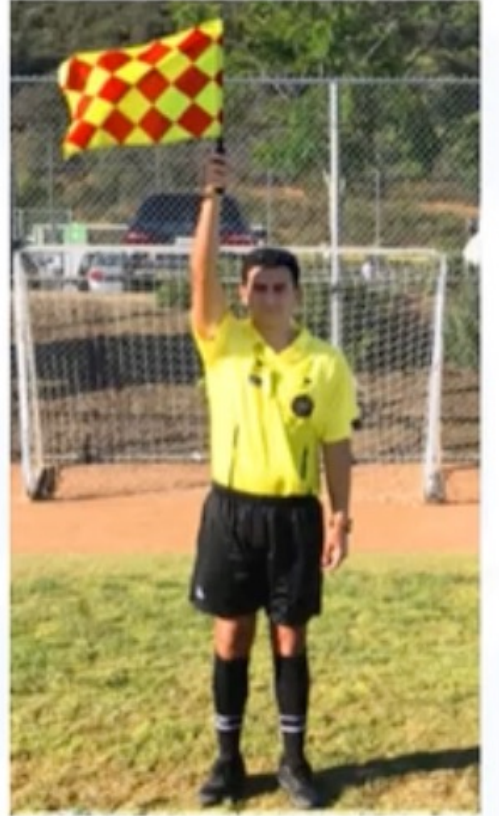
Those resulting in a **Send-Off**



Elements of offside offense

1. Offside position
2. Time of judgment
3. Active involvement

All three elements must be present or there cannot be an offense.



Offside position defined

Players are in an offside position if they are:

1. In the opponents' half of the field*, **AND**
2. Closer to the opponents' goal line than the ball, **AND**
3. Closer to the opponents' goal line than the second-to-last opponent.

All three elements MUST be present for a player to be in an offside position.

**For 10U we use the BOL as an offside line instead of the halfway line*



Boundary between onside and offside position

Whichever is closest to the goal line ...

- the second to last opponent

OR

- the ball

OR

- the halfway line*

Becomes the boundary between onside and offside position.

This is called the “Offside Line.”

**For 10U we use the BOL as an offside line instead of the halfway line*

Effect of being in offside position

It is not an offense to be in an offside position. It just means that player is momentarily off their team.

The player cannot interfere with play or any of the opposing players.

The player cannot have any involvement in the match

The player is **“off”** their **“side.”**

Not Offsides



WHEN IS OFFSIDE POSITION JUDGED?

The moment the ball was last
TOUCHED or **PLAYED**
by a teammate



Attackers: onside vs offside position

If attackers are in an **onside position** *when their teammate plays or is touched by the ball*, they are free to move and play the ball.

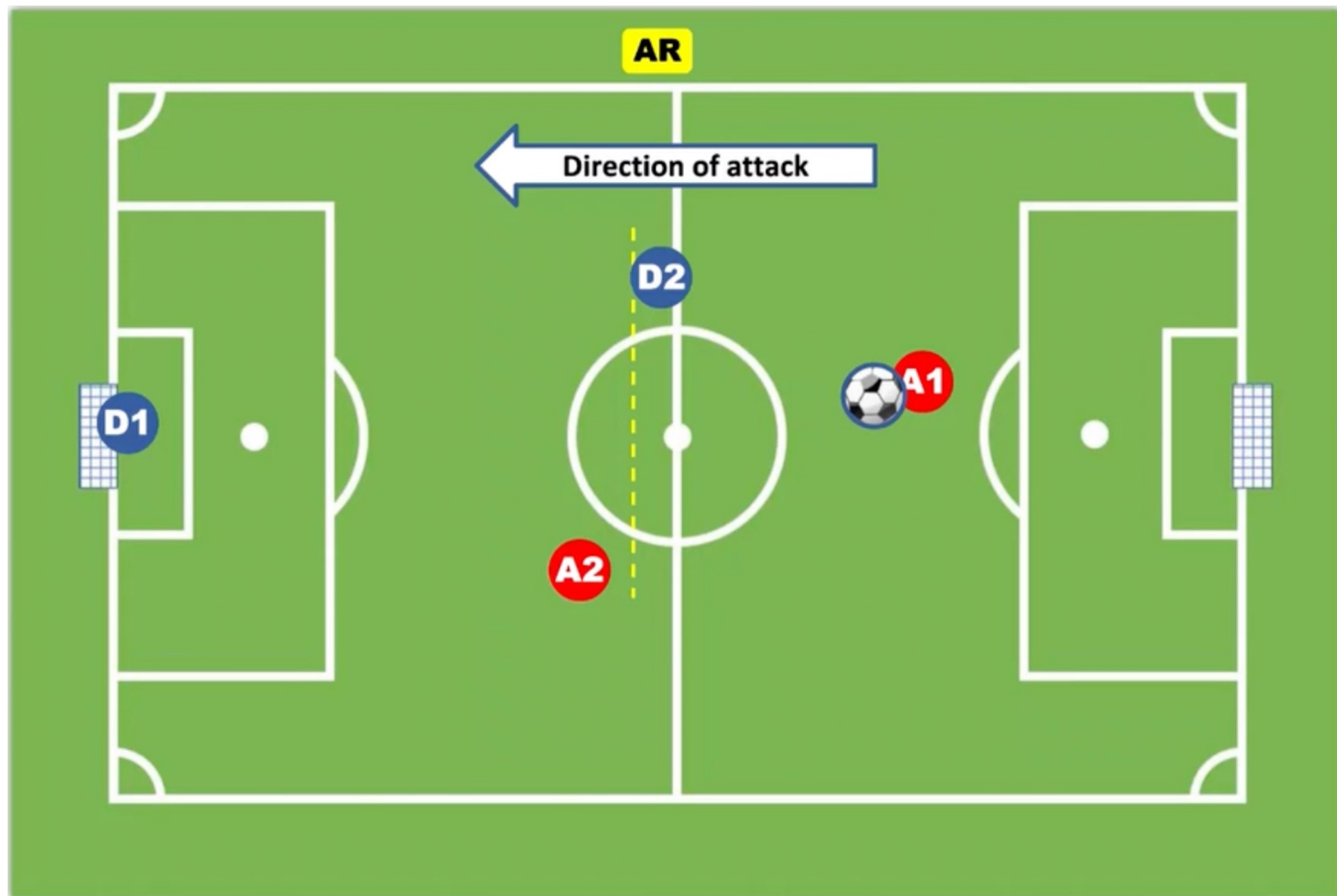
If they are in an **offside position** *when their teammate plays or is touched by the ball*, they may **NOT** become involved in active play.

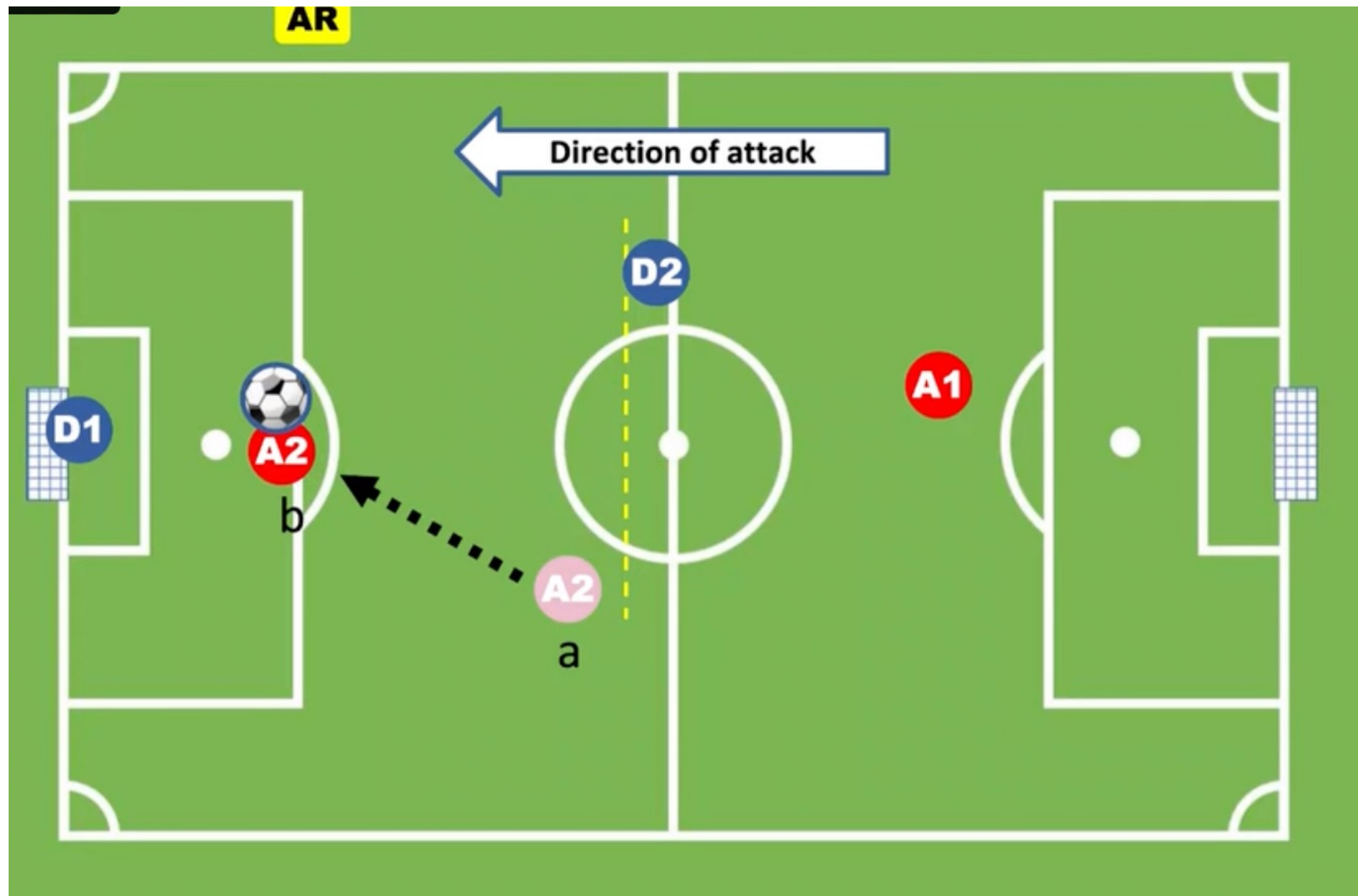


Active involvement

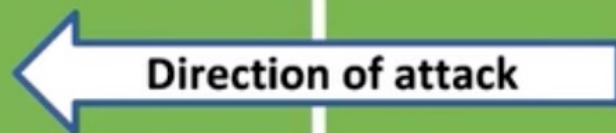
- **P**laying the ball or being touched by it
(Interfering with play)
- **I**nterfering with an opponent
- **G**aining an advantage

*Gaining an advantage is doing **P** or **I** after the ball rebounds or is deflected by an opponent or the goal frame, or after an opponent makes a save.*





AR



D2

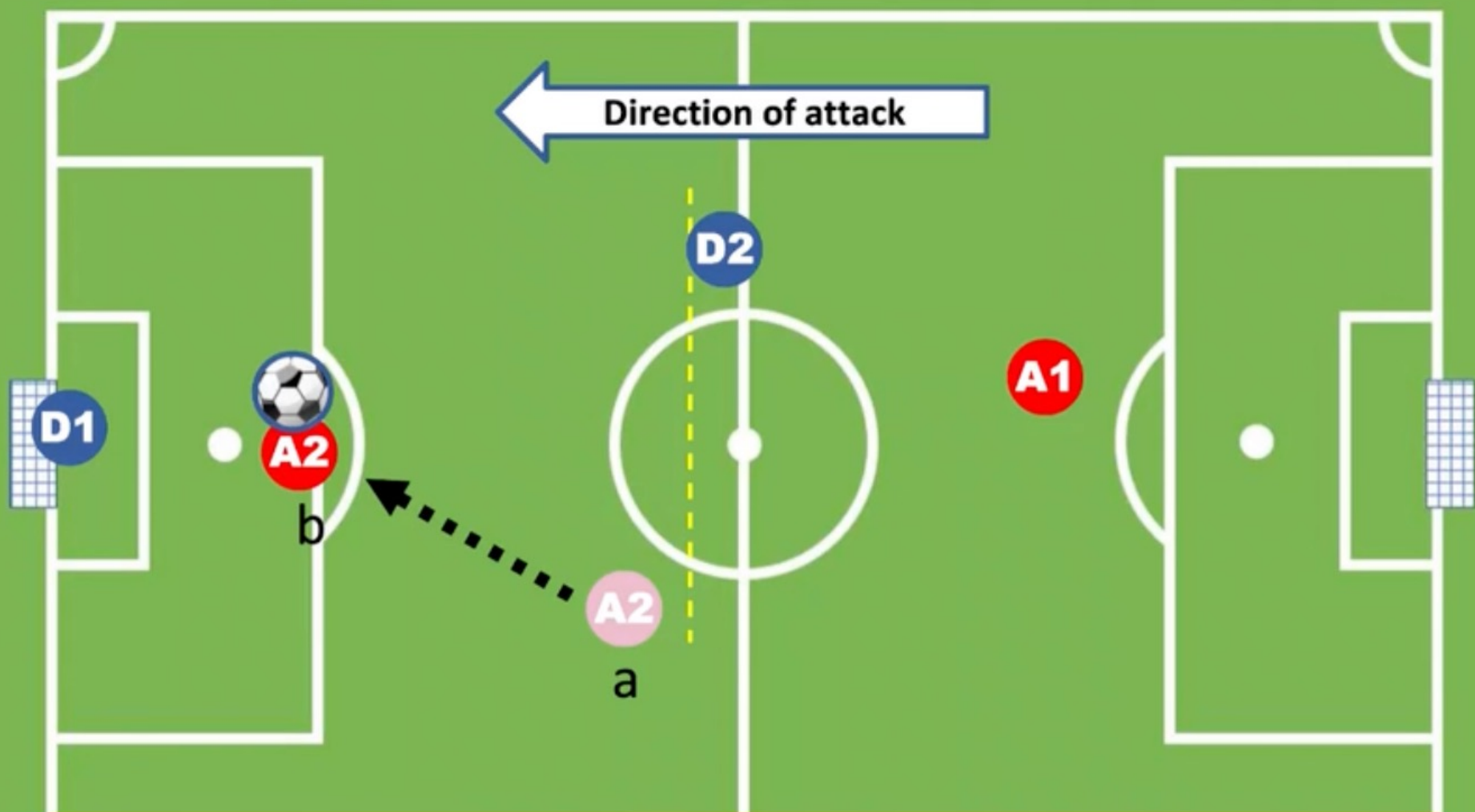
D1



A1

A2

AR



Direction of attack

D2

A1

D1

A2

b

A2

a

DECISION

Offside offense: Interfering with play (playing the ball)

AR

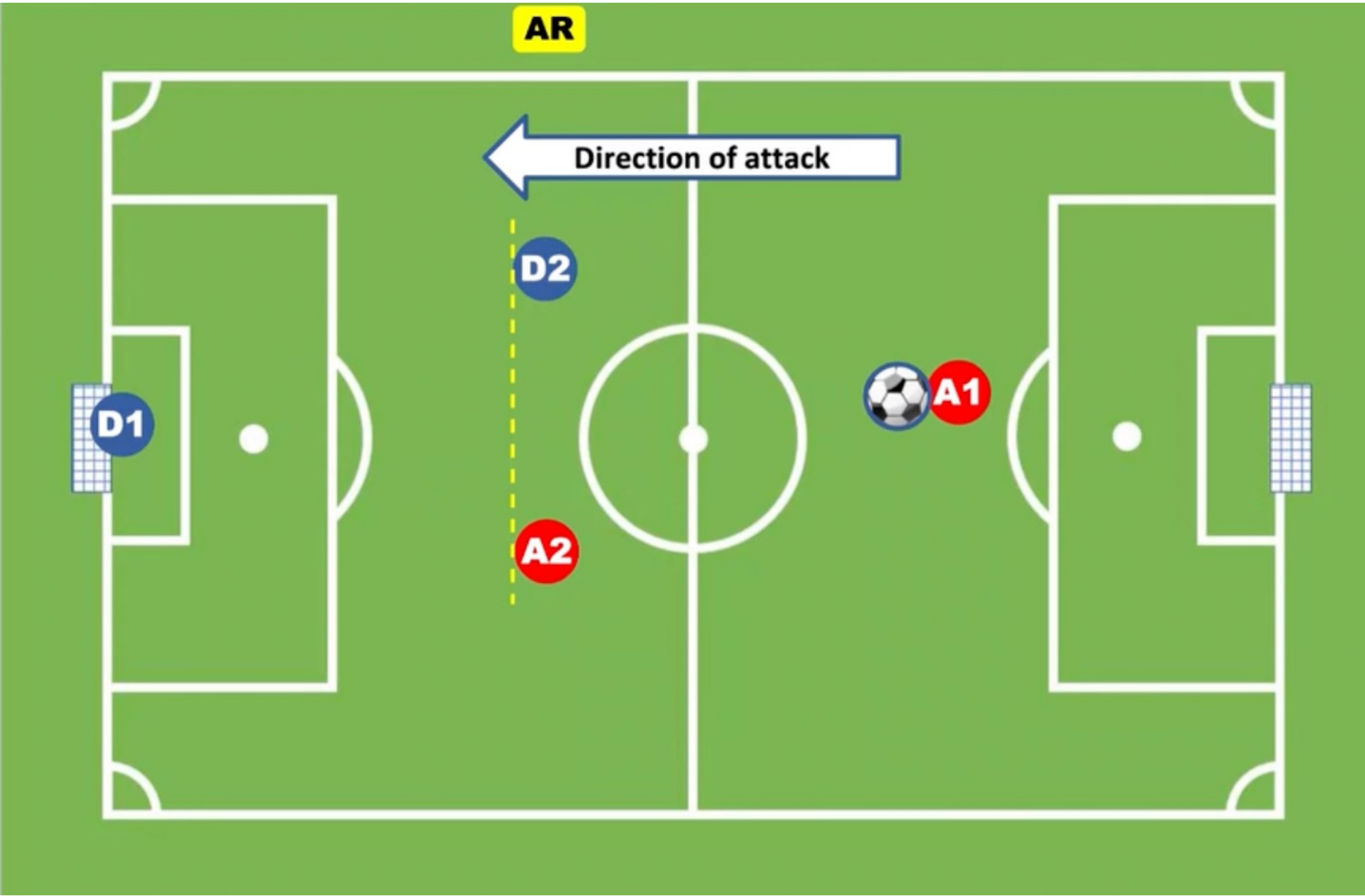
← Direction of attack

D1

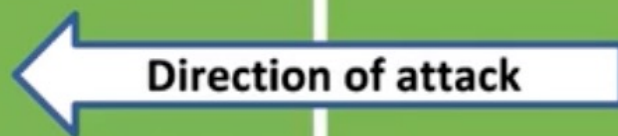
D2

A2

A1



AR



Direction of attack

D2

D1

A2

A1

A2

AR

Direction of attack

D1

D2

A1

A2

A2

DECISION
NO offside offense



AR

← Direction of attack

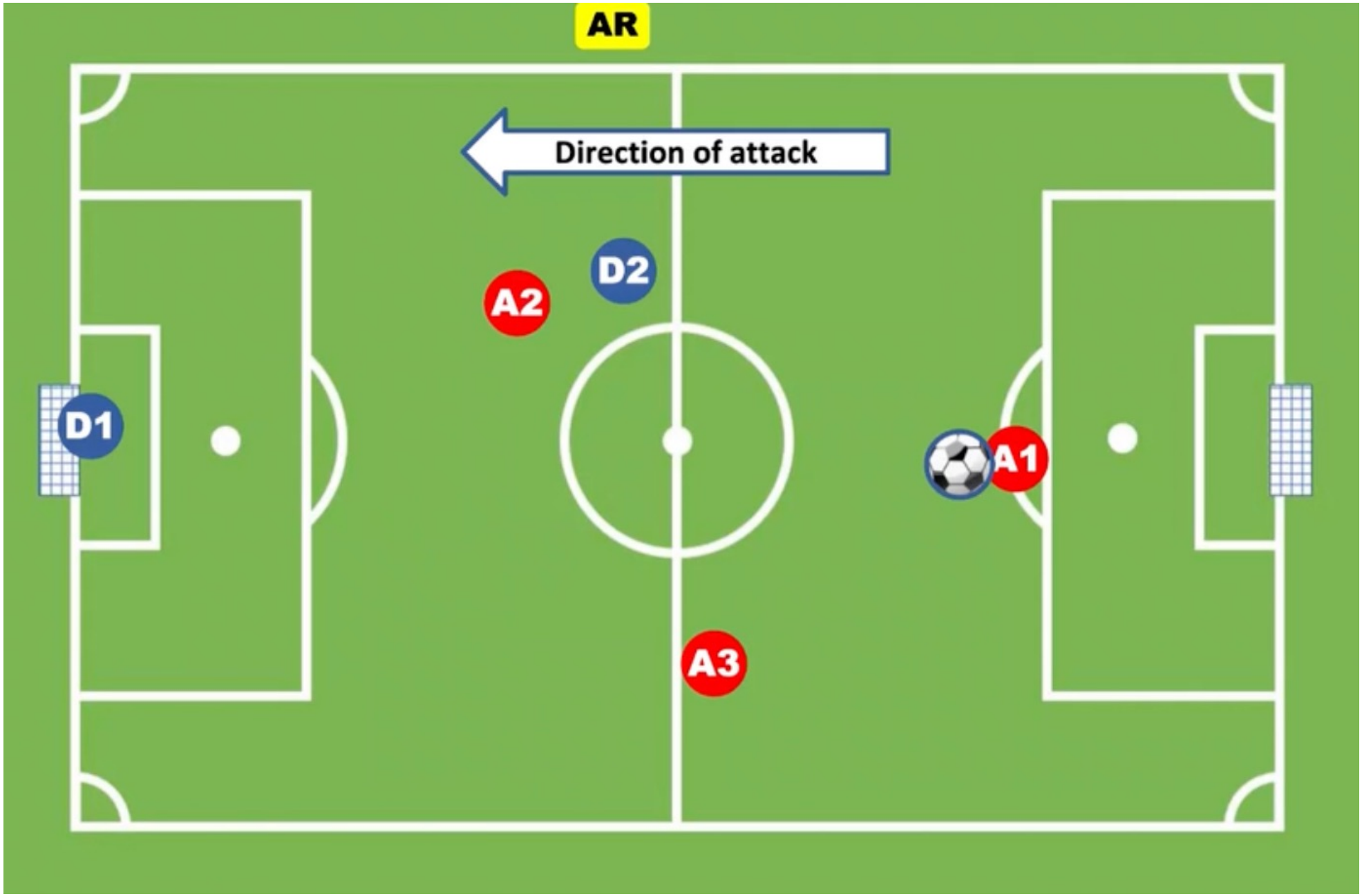
D1

A2

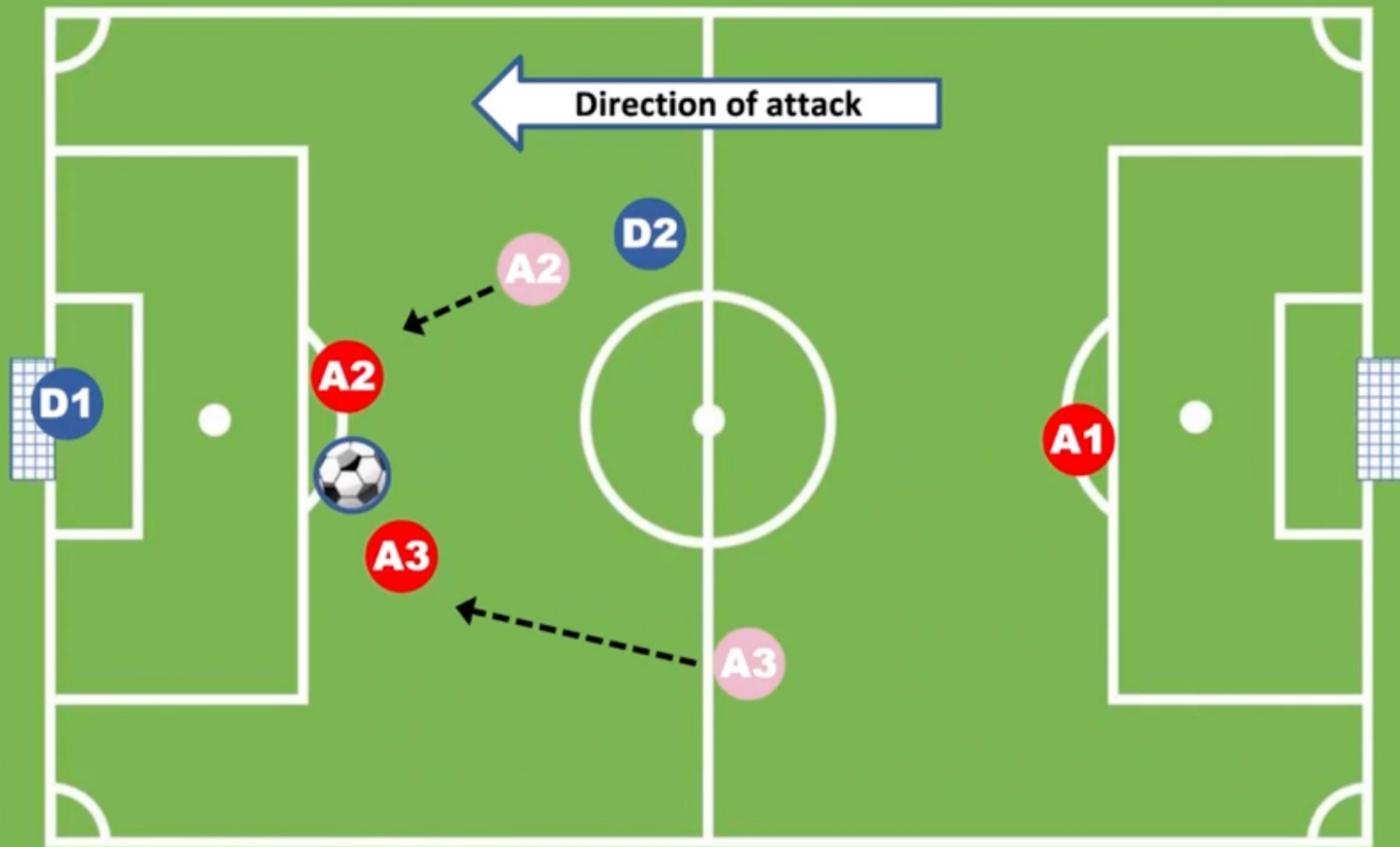
D2

A1

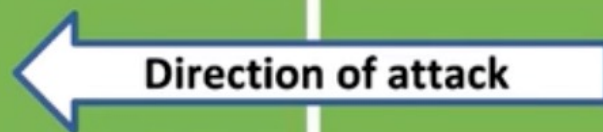
A3



AR



AR



Direction of attack

D2

A2

D1

A2

A1

A3

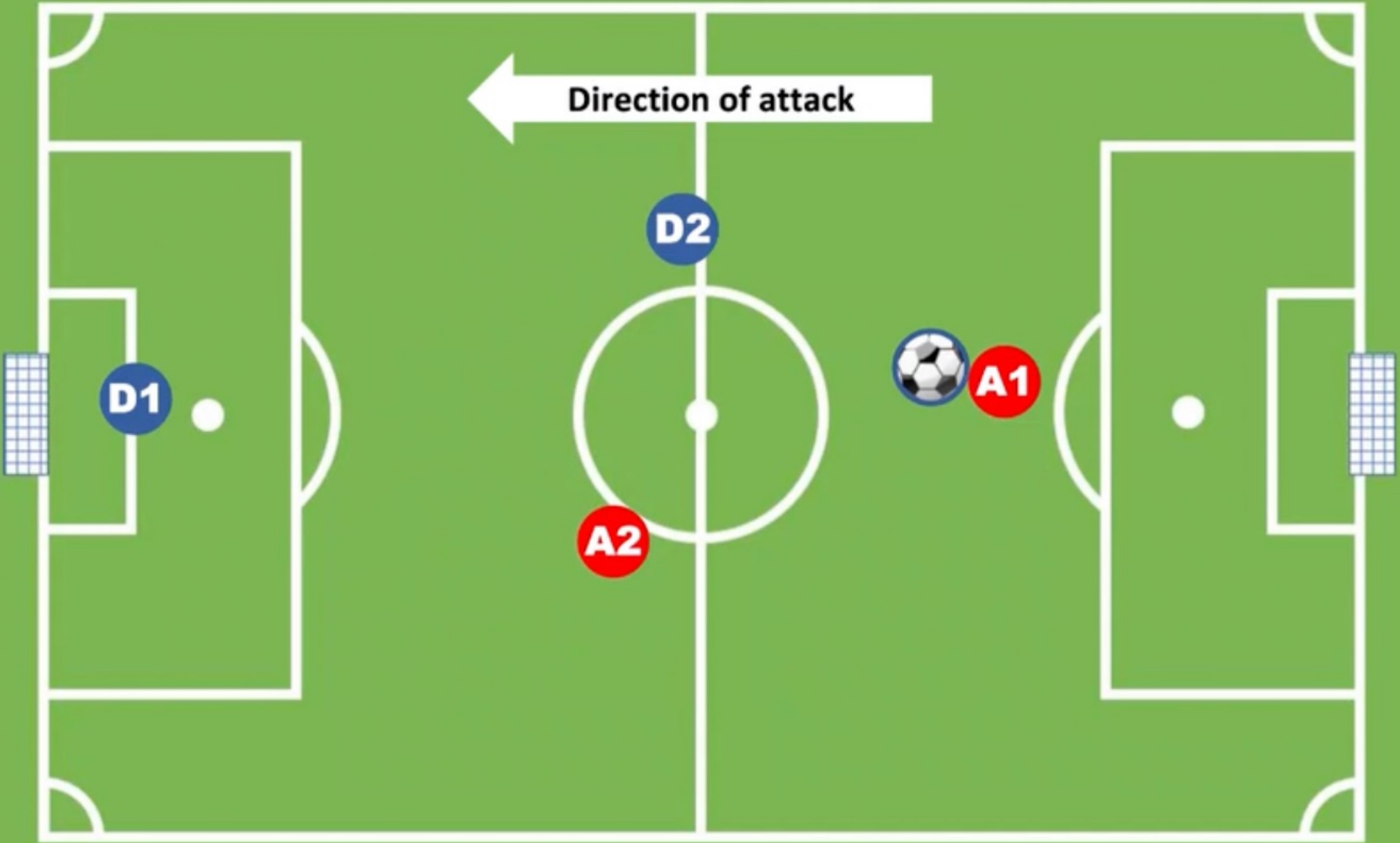
A3

DECISION

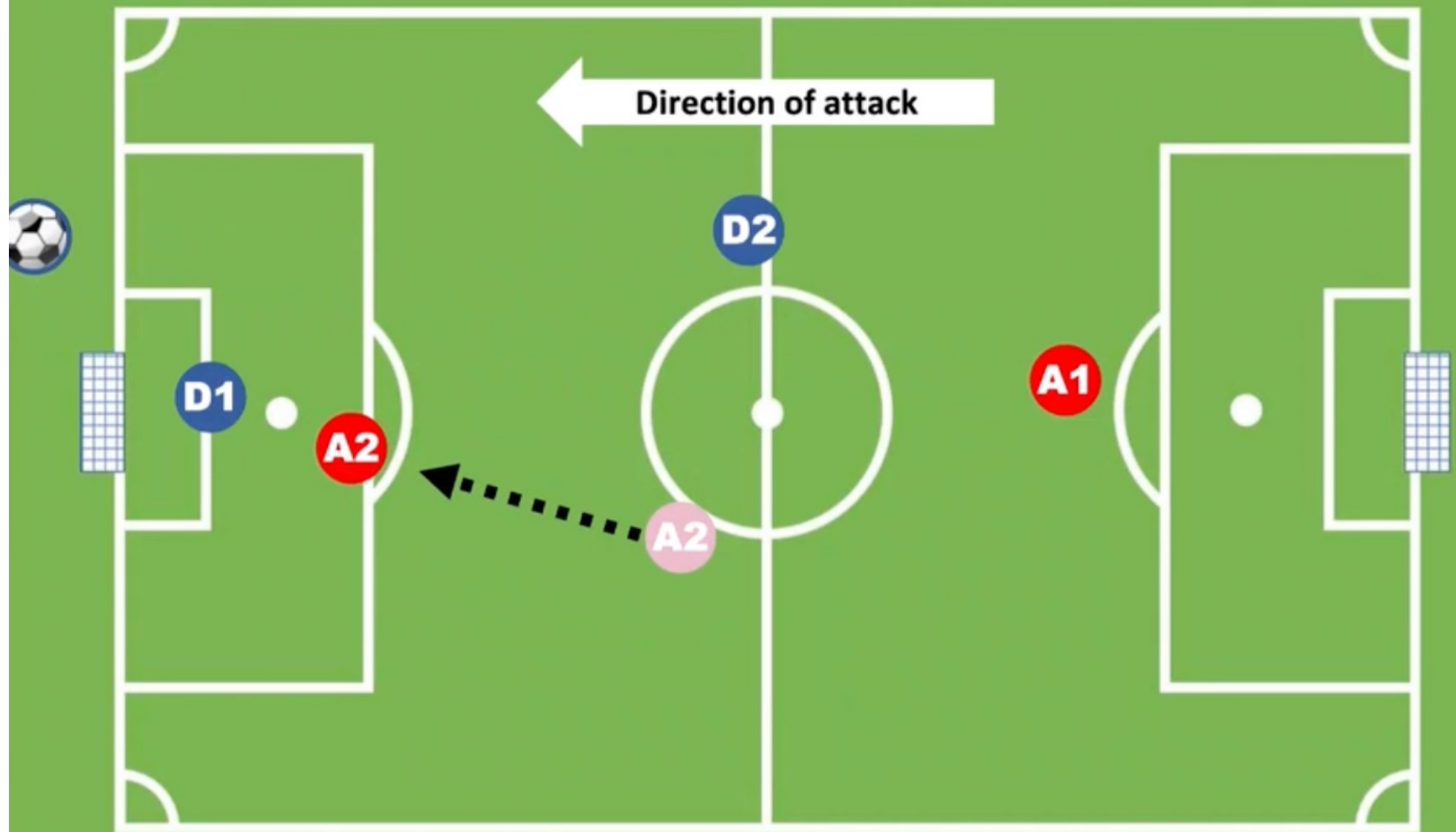
Wait and see: who will touch it first?

AR

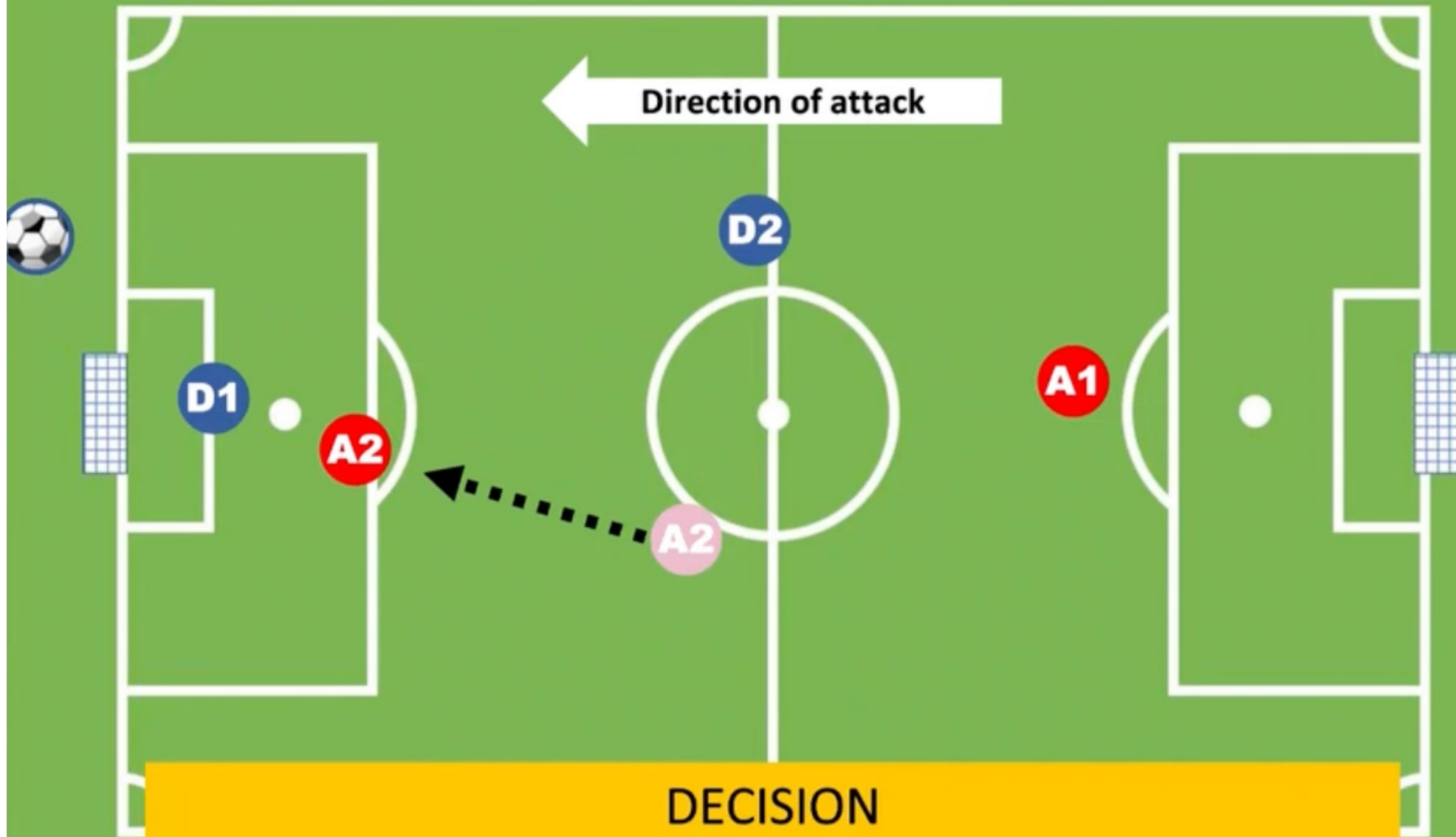
← Direction of attack



AR



AR



DECISION

NO offside offense. Restart with goal kick.

AR

Direction of attack

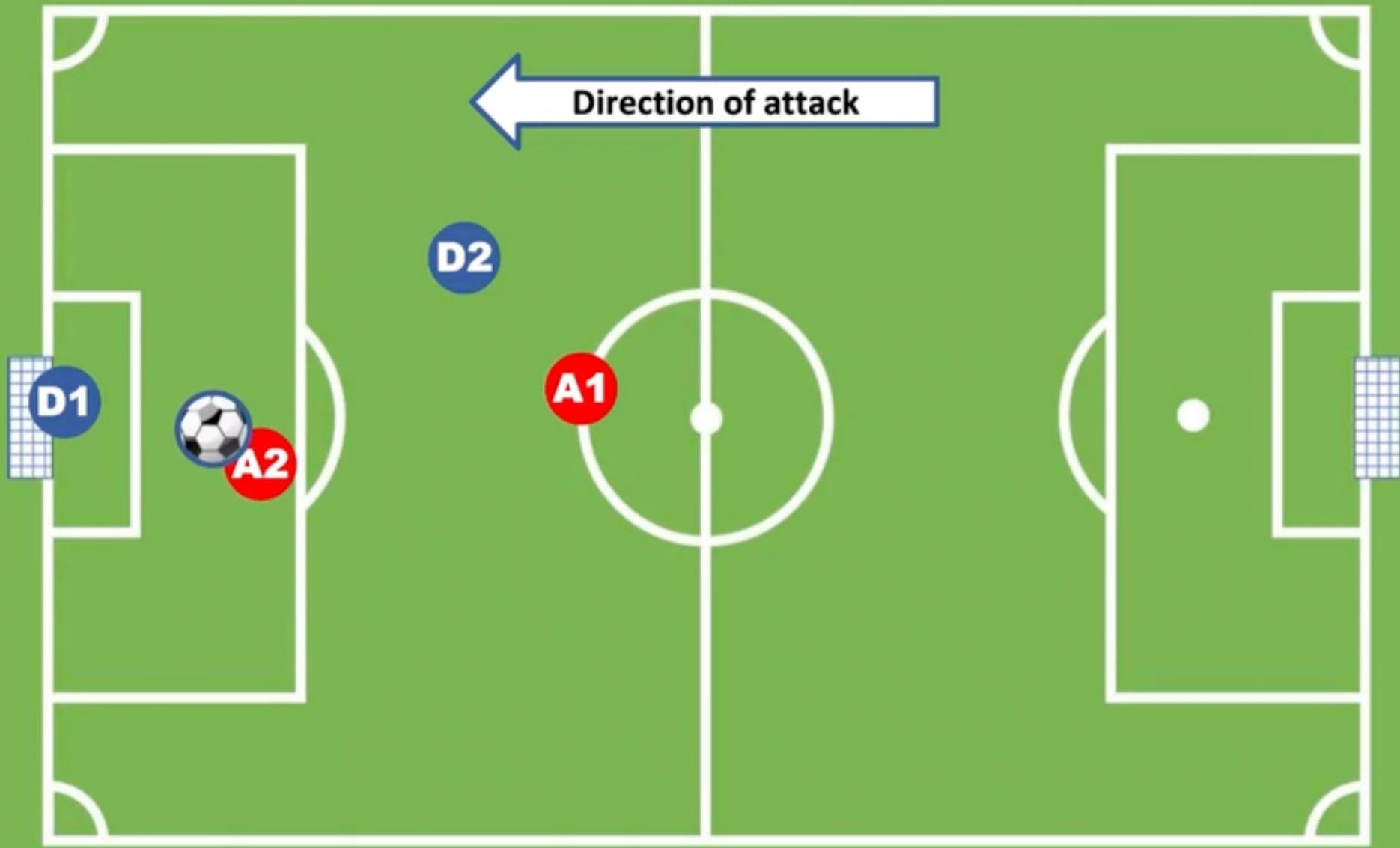


A1

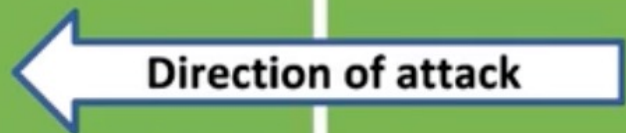
A2

AR

← Direction of attack



AR



Direction of attack

D2

A1

D1

A2

DECISION

NO offside offense

Offside offense defined

Once all three of these conditions have been met:

1) Offside position

2) Time of judgment

3) Active involvement

An offside offense has occurred.

Exceptions

There is no offense if a player receives the ball directly from a:

- Goal Kick
- Corner Kick
- Throw-In

Offside offense defined

Once all three of these conditions have been met:

1) Offside position

2) Time of judgment

3) Active involvement

An offside offense has occurred.

An indirect free kick is awarded to the opposing team from the place the offense occurred.

Please let me know if you
have questions

soccer@chugiaksoccerclub.com